

Events 2025

The year **2025** at **Himachal Pharmacy College, Nalagarh** was marked by a series of vibrant and meaningful events that contributed to the academic, professional, and cultural development of students. Throughout the year, various important occasions were celebrated, including the **Sports Meet, Diwali Celebration, Pharmacovigilance Day, Anti-Ragging Week, Pharmacist Day, and Pharmacy Week**. In addition, the institution organized **orientation programmes, seminars, guest lectures, and cultural activities** to enhance students' knowledge, skills, and overall personality. These events provided students with opportunities to participate actively, showcase their talents, and learn beyond the classroom, while also promoting unity, awareness, and professional values within the institution.

ANNUAL SPORTS MEET 2025

HIMACHAL PHARMACY COLLEGE, NALAGARH

28th-29th March 2025

Kheloutsav-2025, the annual sports meet organized by HPC, was a vibrant and energetic event that encouraged students to participate in various sporting activities. The event included a range of indoor and outdoor games such as Kho-Kho, Badminton, Cricket, Kabaddi, and Chess, allowing students to showcase their physical strength, strategic thinking, and teamwork. The sports meet created a spirit of healthy competition and enthusiasm among the participants. Students actively took part in different games, demonstrating sportsmanship, dedication, and unity. Kheloutsav-2025 not only promoted physical fitness but also helped in building confidence, discipline, and camaraderie among students.





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One-Day National Seminar

7 APRIL, 2025

The one-day national seminar on “**Healthy Beginnings Hopeful Futures**” was held on 7 April, 2025 at Seminar Hall (Ground Floor). The seminar aimed to raising awareness about pressing global health issues, including diseases, mental health, and access to healthcare. It brought together distinguished scholars, professionals, and students from across the country to exchange ideas and insights. The seminar featured a series of enlightening keynote speeches and presentations by renowned expert, including **Dr. Kanika Jindal**. This session provided valuable perspectives and fostered engaging discussions. The seminar also included interactive sessions and Q&A rounds. The seminar successfully achieved its objectives, promoting knowledge exchange and collaboration among attendees.



HIMACHAL PHARMACY COLLEGE

(APPROVED BY PCI, AFFILIATED TO H.P.T.U)

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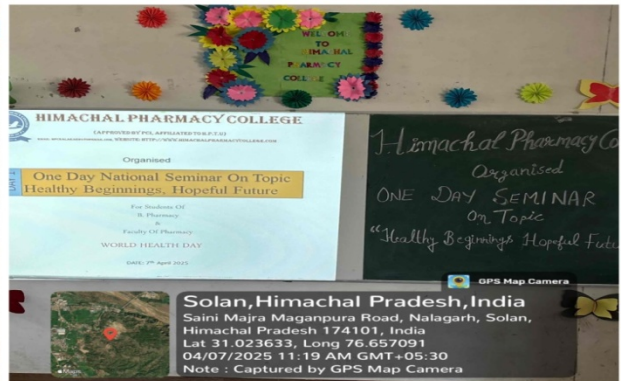
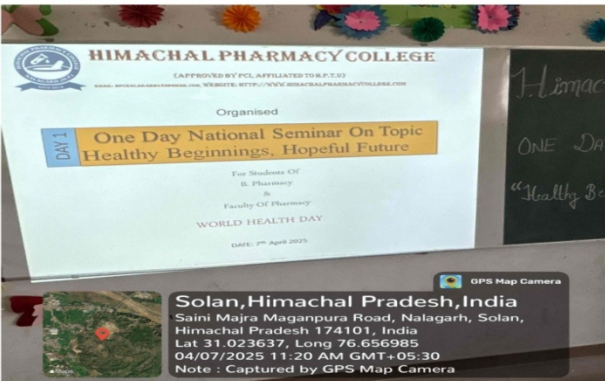
Organised

**One Day National Seminar On Topic
Healthy Beginnings, Hopeful Future**

For Students Of
B. Pharmacy
&
Faculty Of Pharmacy

WORLD HEALTH DAY

DATE: 7th April 2025



International Yoga Day Celebration-2025 on theme ‘Yoga for One Earth, One Health’

On the occasion of **International Yoga Day**, the faculty members of **Himachal Pharmacy College, Nalagarh** actively participated in a yoga session held on **21st June 2025**, in alignment with the national initiative to promote health and well-being through yoga. The event began at **9:30 am** in the **college premises**, where faculty members gathered to practice various yoga postures and breathing exercises under the guidance of Dr. Rajneesh Kaur-Principal. The session included **warm-up exercises, asanas (postures), pranayama (breathing techniques)**, and a brief meditation practice. The primary aim of this event was to encourage a healthy lifestyle among the teaching community and to spread awareness about the physical and mental health benefits of yoga. The participation of faculty members highlighted their commitment not only to academic excellence but also to personal well-being. The session concluded with a short talk on the importance of incorporating yoga into daily routine, followed by a group photograph of all participants. The celebration was a great success and well-received by all faculty members, reinforcing the importance of yoga in maintaining holistic health.



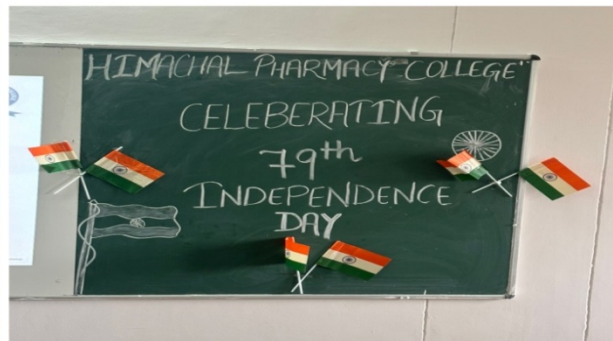




Independence Day Celebration Report

The 79th Independence Day was celebrated with great enthusiasm at **Himachal Pharmacy College, Nalagarh** (15th August 2025). The event began with the hoisting of the national flag by the Dr. Rajneesh Kaur Principal, followed by the national anthem. Students, faculty, and staff gathered to pay tribute to the freedom fighters who sacrificed their lives for the country. The Principal delivered an inspiring speech highlighting the importance of independence and the role of pharmacists in building a healthier nation. The event concluded with a vote of thanks and distribution of flags to students.

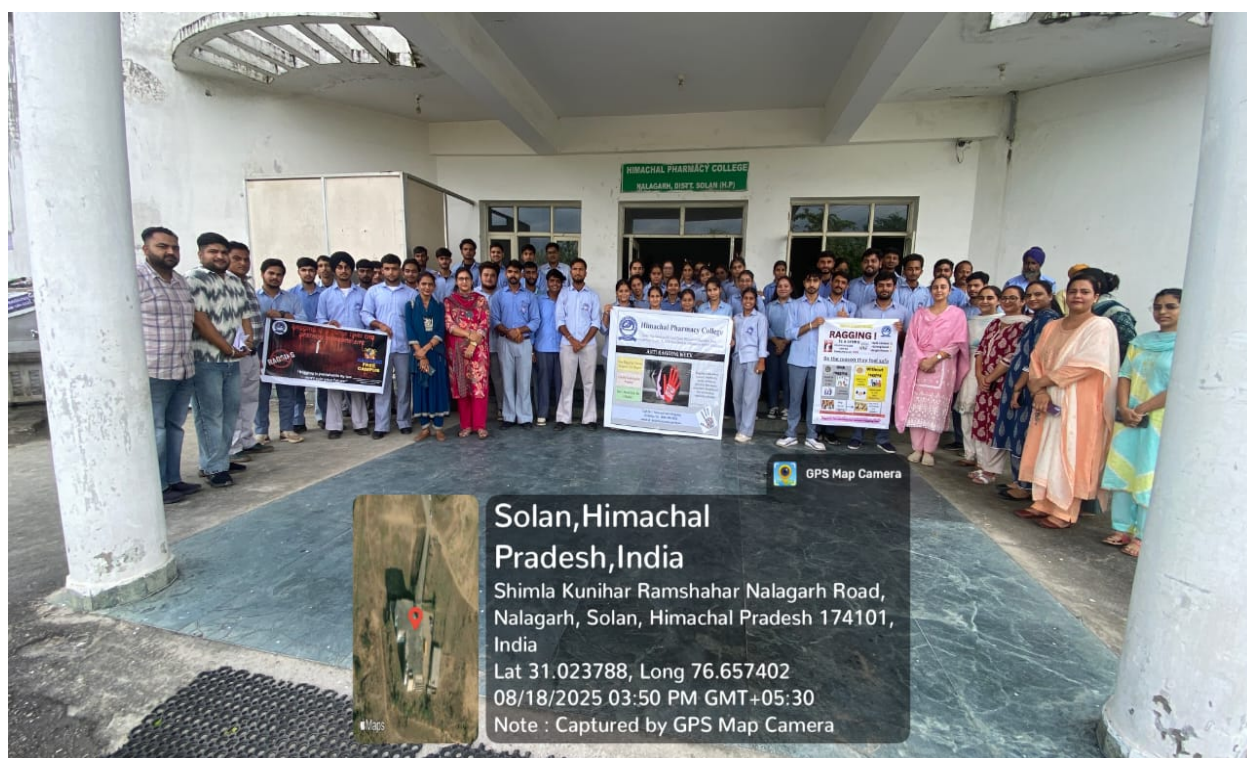


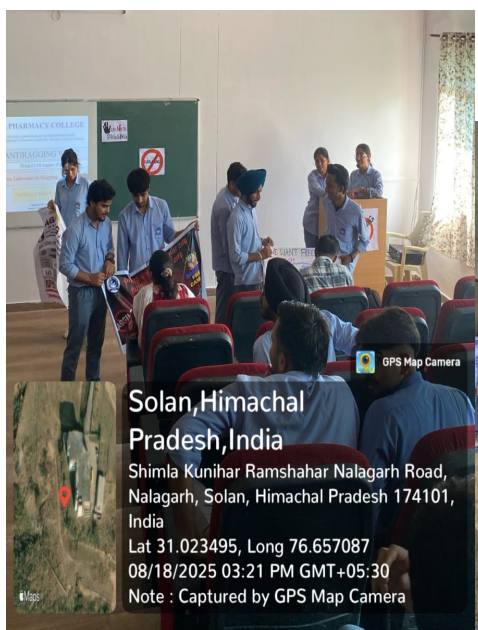




ANTIRAGGING WEEK 2025

Anti-Ragging Week was observed at **HPC** from **12th to 18th August** to promote awareness about the importance of a safe and respectful campus environment. During this week, several activities were organized to educate students about the harmful effects of ragging and to encourage unity and mutual respect among them. The activities included a **Poster Making Competition, Essay Writing Competition, Rangoli Competition, Skit performances, and a Pledge Ceremony**. Students actively participated in these events and expressed their views on creating a ragging-free campus through creative ideas and performances. The week successfully spread awareness and reinforced the message of maintaining dignity, discipline, and harmony within the institution.







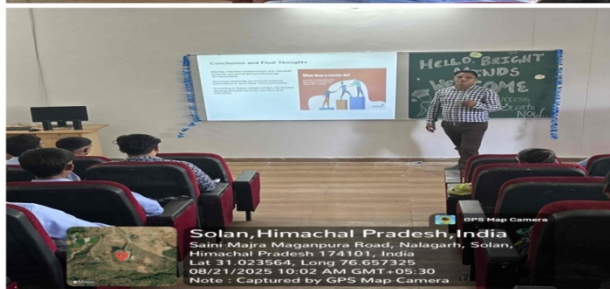
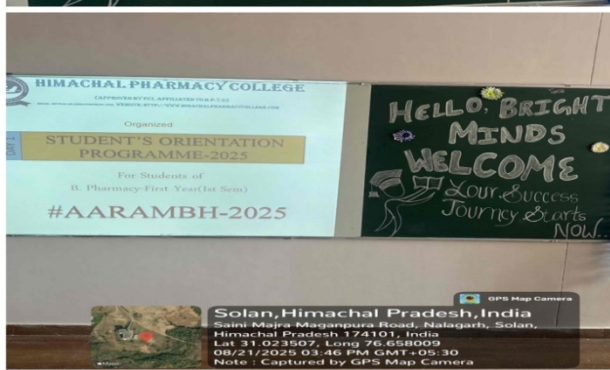
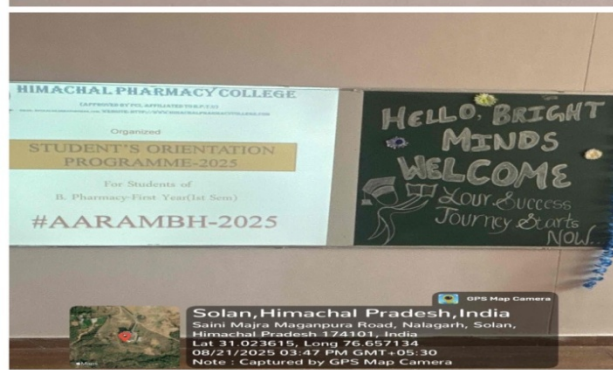
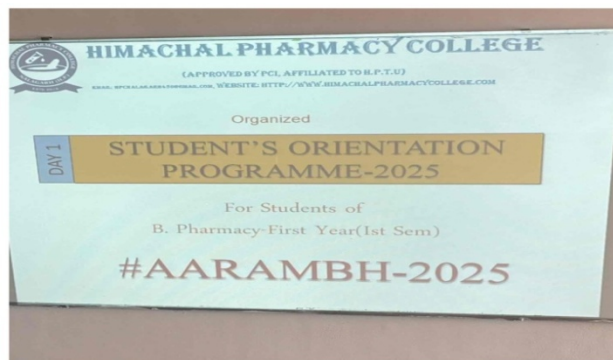


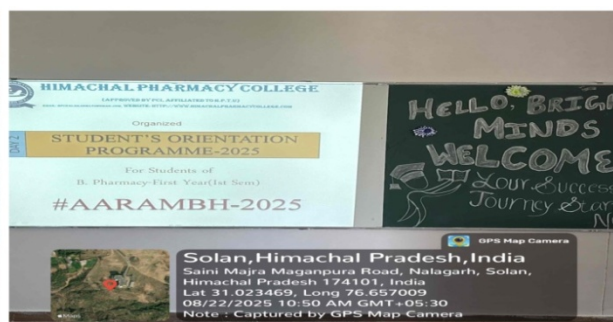
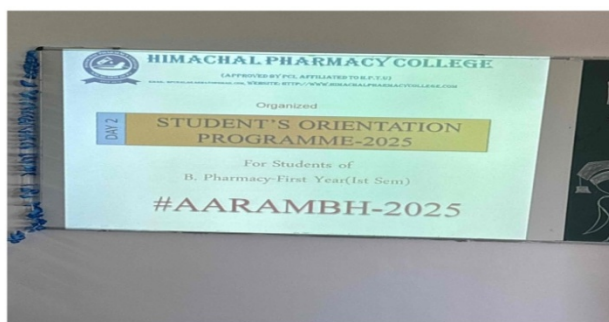
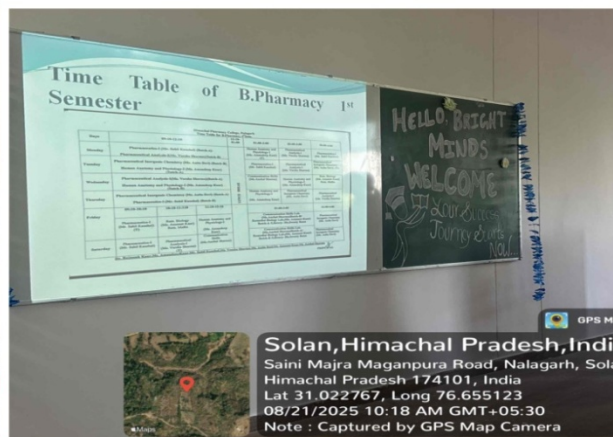
Student's Orientation Programme

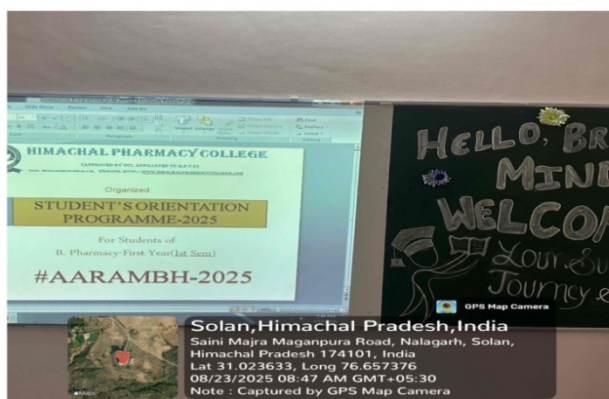
Aarambh-2025

The **Student Orientation Programme “Aarambh–2025”** was organized at **HPC** to warmly welcome the new students and familiarize them with the academic environment of the institution. The programme began with a **welcome speech by Dr. Rajneesh Kaur, Principal**, who encouraged students to make the best use of the opportunities available at the institute. This was followed by an **introduction to the institute, HPTU Hamirpur, PCI, and the Mentor–Mentee Programme by Mr. Brij Bhushan (HOD)**. **Ms. Shruti Jaswal** explained the **academic guidelines**, while **Mr. Sarbjot Singh** informed students about the **discipline rules and regulations** of the institution. **Ms. Poonam Kumari** provided details about the **examination system**, and also conducted a **campus tour** along with **Ms. Versha Sharma** to help students become familiar with the facilities available. In addition, **Ms. Anita Devi** delivered a session on **career guidance and the student support system**. The

programme also included informative lectures on **human values, professional ethics, and laboratory rules**, helping students understand the responsibilities and expectations of their academic journey.









PHARMACOVIGILANCE WEEK 2025

Theme: “Your Safety, Just a Click Away: Report to PvPI”

The Guest lecture on “Drug Addiction” was held on 20 September, 2025 during Pharmacovigilance week at Seminar Hall (Ground Floor). The lecture aimed to create awareness about the causes, effects and consequences of drug addiction, and to educate individuals on prevention strategies, treatment options, and the importance of a healthy, drug-free lifestyle. The lecture delivered by invited expert Dr. Ritika Sharda emphasizing the importance of pharmacovigilance in combating the misuse of drugs and spreading awareness on drug addiction. Faculty members and resource persons shared insights on the causes, consequences, and preventive strategies of drug addiction, with a focus on its social and health impacts. The lecture also included interactive sessions and Q&A rounds. Participants actively engaged in debates and shared their experiences, which enriched the overall learning environment. The lecture successfully achieved its objectives, promoting knowledge exchange and collaboration among attendees. Key takeaways understanding drug addiction, health impacts, Social consequences, Role of Pharmacovigilance, Treatment and rehabilitation, Individual responsibility.









Solan, Himachal Pradesh, India

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Lat 31.025524, Long 76.647748

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National Webinar on World Pharmacists Day-2025

Celebrating World Pharmacist Day – Online Webinar on theme **“Think Health,Think Pharmacist”**. To commemorate World Pharmacist Day and recognize the crucial role of pharmacists in healthcare, especially in promoting responsible medicine use, patient care, and advancing the pharmacy profession.



HIMACHAL PHARMACY COLLEGE

UNDER THE AUSPICES OF GIAN CHAND DHARAMVIR CHARITABLE TRUST
Approved By A.I.C.T.E., P.C.I. & Affiliated To Himachal Pradesh Govt. Technical University, Hamirpur

NATIONAL WEBINAR ON WORLD PHARMACIST DAY- "Think Health, Think Pharmacist" 25th September 2025

Organized by Himachal Pharmacy College



Dr. Sonali Singh
B. Pharm, Pharm D (PB), PhD
Diploma in Human Nutrition
Assistant Professor
CGC, Landran

E-Certificate will be provided only to the participants who have filled the feedback form
Hosted on Google meet

Dr. Ashma Singla
Managing Director
Himachal Pharmacy College

Dr. Rajneesh Kaur
Principal
Himachal Pharmacy College

Mr. Brij Bhushan
H.O.D
Himachal Pharmacy College
Convener

Mr. Sarbjot Singh, Ms Anuneet Kaur
Associate Professor Assistant Professor
Department of Pharmacology
Co-Ordinator

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Contact: 62303-04421, 82192-41806

Freshers' Party

The **Freshers' Party** was organized by the **2nd year students of HPC** to warmly welcome the new batch and help them feel comfortable in the institute. The programme began with a **welcome speech by the Principal, Dr. Rajneesh Kaur**, who encouraged the students to enjoy their college life while focusing on their academic goals. The event included various **cultural activities** such as **Bhangra, Giddha, Nati dance, singing performances, and fun games**, which created a joyful and lively atmosphere. Both seniors and juniors participated enthusiastically, making the event memorable for everyone. The programme concluded with a **vote of thanks by Dr. Ashma Singla**, who appreciated the efforts of the students in organizing such a wonderful event.







DIWALI CELEBRATION-2025

The **Diwali Celebration 2025** at Himachal Pharmacy College, Nalagarh was held with great enthusiasm and joy on **October 18, 2025**. The event brought together students, faculty, and staff to celebrate the festival of lights with traditional fervor and cultural spirit.

The program commenced with the **lighting of the ceremonial lamp** by MD-Dr. Ashma Singla, Principal-Dr. Rajneesh Kaur, HOD-Mr. Brij Bhushan along with other dignitaries, symbolizing the victory of light over darkness and knowledge over ignorance. This was followed by a heartfelt **welcome speech** by the Cultural Committee Coordinator, who emphasized the importance of unity, harmony, and positivity that Diwali represents, the energy reached its peak with a **DJ** organized in the campus courtyard. Students danced with enthusiasm and celebrated the festival in full spirit, making it one of the most memorable events of the year. The program concluded with a **fireworks display** and distribution of sweets among students and staff.

The celebration featured a vibrant **cultural program**, including classical and folk dance performances, songs, and a fashion show showcasing traditional Indian attire. The highlight of the evening was a “Rangoli Competition” which saw enthusiastic participation from students across all departments. The creativity displayed by the participants added color and beauty to the campus.

The celebration not only provided a platform for students to showcase their talents but also reinforced the values of togetherness, sharing, and cultural appreciation. Overall, the **Diwali Celebration 2025** was a grand success and left everyone with fond memories and festive spirit.



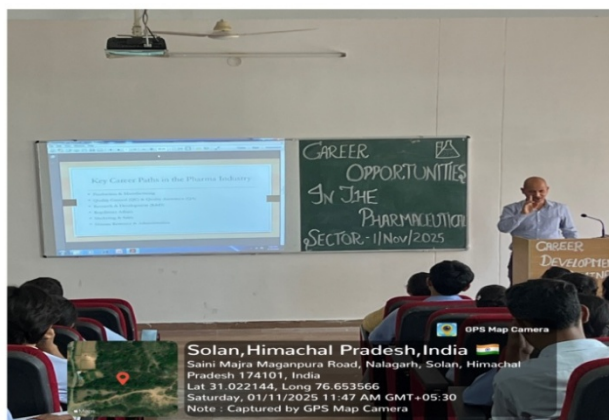
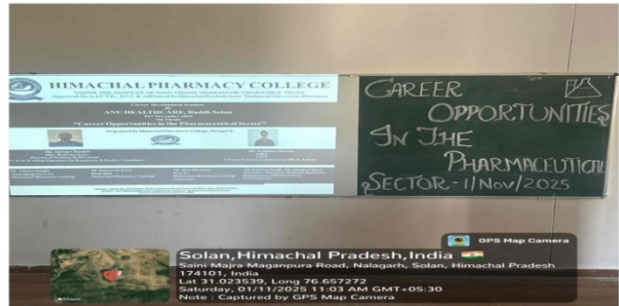
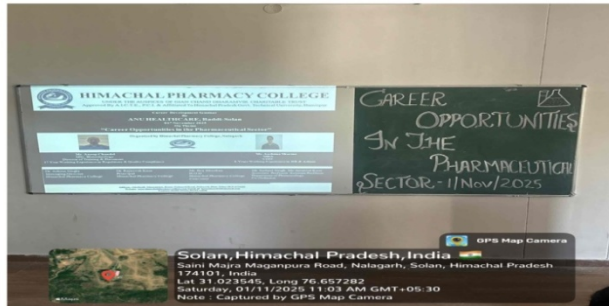


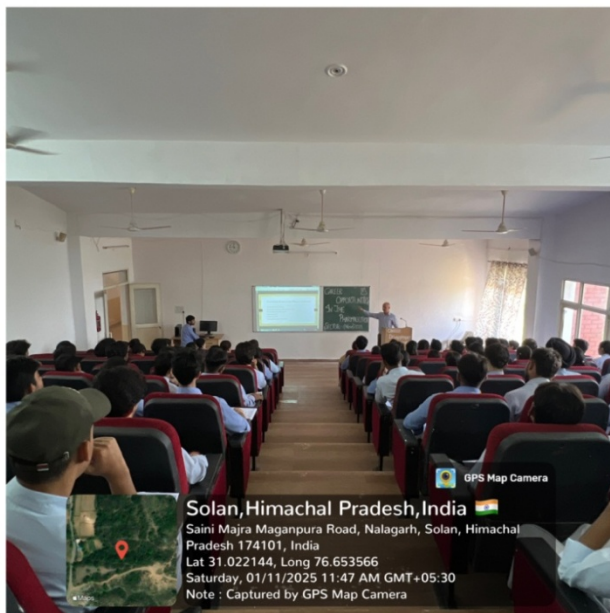
Career Development Seminar-01/11/2025

Himachal Pharmacy College, Nalagarh organized a seminar on “Career Opportunities in Pharmaceutical Sector” to create awareness among students about the vast career prospects in the pharmaceutical industry. The seminar aimed to bridge the gap between academic learning and industrial requirements, helping students prepare for professional challenges and opportunities after graduation. The session began with a welcome address by Mr. Sarbjot Singh Associate Professor-Coordinator, who emphasized the importance of industrial exposure for pharmacy students. The keynote speaker, **Mr. Anoop Chandel & Ms. Aashima Sharma**, an experienced professional from **Anu Healthcare-Baddi, District Solan Himachal Pradesh**, discussed the different divisions within the pharmaceutical industry, including:

- **Research and Development (R&D)**
- **Production and Manufacturing**
- **Quality Assurance (QA) and Quality Control (QC)**
- **Regulatory Affairs**
- **Marketing and Sales**
- **Pharmacovigilance and Clinical Research**

The speaker also highlighted the growing importance of biotechnology, pharmacovigilance, and data analytics in the modern pharma sector. Students were advised to enhance their technical knowledge, communication skills, and professional ethics to succeed in industrial roles.







World AIDS Day Report-2025

Theme-Overcoming disruption, transforming the AIDS response

Himachal Pharmacy College, Nalagarh organized a seminar on World AIDS Day 2025 under the guidance of the Head of Department (HOD) Mr. Brij Bhushan. The program aimed to raise awareness about HIV/AIDS, promote prevention strategies, and reduce stigma associated with the disease.

The HOD delivered an informative session highlighting the theme of World AIDS Day 2025 and emphasized the importance of early testing, safe practices, and community support for affected individuals. Students and faculty actively participated and gained valuable knowledge through presentations and discussions.

The seminar successfully created awareness and encouraged responsible behavior among students, marking a meaningful observance of World AIDS Day 2025.

